

CU Boulder Perks and Programs

Explore the Perks of CU Boulder Beyond Health/Dental



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You Have a Support Team for Every Need

- [CIRES HR Team](#)
 - Contact cireshr@colorado.edu
- CIRES [Travel](#)
- [Finance](#) Contacts [Annie Fudale](#) and [Nikki Joy](#)
- [Education and Outreach](#)
- [Diversity and Inclusion](#)
- [Communications](#)
- [CIRES IT](#): For CU IT issues (email, software, loaners for travel & more)
 - Contact ciresit@colorado.edu
- Associate Director for Science, [Christine Wiedinmyer](#)
- [CIRES Member's Council](#)



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Getting to know CU Heritage and Boulder History...

- CU Welcome Experience (view schedule and register [here](#))
 - In-Person and Virtual options available: The New Employee Welcome Experience is part of the comprehensive, year-long onboarding experience designed to increase the understanding of CU Boulder's culture, organizational structure and governance, operations, learning mission, values and campus initiatives. The program is offered to new, permanent employees.



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Tuition Benefit

- Tuition Benefit
 - Up to 9 credit hours per year for employees
 - Can be transferred to a spouse or dependent
 - 30% discount on tuition only (books, fees, housing and meals not included)
 - Can only use for employee or dependent during any given year
 - Watch this [video](#) for an overview of the benefit
 - Please attend a tuition benefit seminar to learn more or reach out to tuitionbenefit@cu.edu

Benefits Highlights

- Transportation- [EcoPass](#), B-Cycle, Travel by Bike Program, CU Night Ride
- Discounts: [Benefit Hub](#) as a state employer CU Boulder employees are eligible to participate in the State of Colorado's employee discount program, EcoPass Extra Program, CU Athletics Discounts, CU Presents Discounts
- Wellness and Fitness: CU Rec Center, Be Colorado- Fitness Center Discounts
- [LifeLong Learning](#): University Libraries, SkillSoft, Employee Learning Programs, LinkedIn Learning
- Bright Horizons Care Advantage Membership: Child Care and Elder Care

Learn more about the above programs with an in-depth, benefit specific session:

[CU Discover](#): Perks and Programs at CU Boulder 1 hour (schedule updating all the time - keep checking back!)

- As a CU Boulder employee, you have access to many perks and programs provided by the university system, campus and local vendors. Join Megan Bohn, Onboarding and HR Communications Program Director with CU Boulder HR for an overview of perks and programs with a *live-demonstration* of how to access these resources



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Opportunities/Programs Specific to CIRES Employees

- [Education and Outreach Opportunities](#)
- [CIRES Mentoring Program](#)
- [Career Track](#) program
 - Next cycle starts late fall/winter 2022
 - Training offered this fall



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Early Career Scientists Resources

- CIRES EC Program: <https://ciresecguide.colorado.edu/>
- Membership to National Center for Faculty Development & Diversity
 - <https://www.facultydiversity.org/institutions/university-of-colorado-boulder>
 - Grant writing prompts and networking opportunities

Opportunities/Programs Continued

- Professional Development
 - Limited funds at CIRES for [requests](#)
 - NOAA can sometimes fund training that is specific to your technical work
 - Other training requests not appropriate for NOAA funds can be requested via CIRES
 - CU Employee learning [programs](#) (some free some have a fee)
 - Clifton Strengths, Crucial Conversations, Organizational Development
 - [LinkedIn Learning](#) (through CU portal)
 - Always free, accessible to you on-demand



Fitness Perks

- Massage Envy Membership Discounts
- Private Club Memberships (discounts change and add new vendors regularly)
- CU Recreation Center
 - <https://www.colorado.edu/recreation/>
 - Classes, private lessons, pools

Buff Perks offered by outside vendors/organizations

- Landed Home Loan Program - down payment assistance loans
- Individual retirement counseling (click [here](#) to schedule)
 - CU employees are eligible to meet virtually or over the phone with financial professionals from the university's retirement plan service provider Teachers Insurance and Annuity Association of America (TIAA) at no cost. Discuss any financial issue—from everyday budgeting to managing debt and (of course) retirement planning.
 - You can meet with a consultant by [scheduling an appointment](#) at 1-800-732-8353 or [the TIAA website](#).
- Elevations Credit Union Membership
 - Loans (car buying program and home loans) & Financial Counseling/planning
- Discounts (so many... take a look!)
 - State of Colorado [Benefit Hub](#) (these were also mentioned earlier)
- BLEA (Boulder Labs Employee Association)
 - Discount tickets, local business discounts

More Perks

- Discounts on hardware and software [through OIT](#) (CU IT)
- Access to journals/periodicals through [CU library system](#)
- [Fitness Rewards Programs and discount memberships](#)
 - Omada
 - Be Colorado (log workouts and get paid for being active at least 12X a month (free money))
- Mental Health Support Resources - [Faculty and Staff Assistance Program](#)
 - Up to 6 visits every calendar year (free) with licensed psychologists
- Childcare Centers
 - [CU Boulder Childcare Center](#) on CU campus
 - [Commerce Children's center](#) at the DOC campus



Don't Forget

[InsideCIRES Admin News Blog](#) - contains updates on events, deadlines, administrative housekeeping, news and other updates

CIRES [Calendar](#) upcoming events listing for seminars, meetings, and more

Weekly Events Email Blast - most Monday mornings, contains events for the coming week

Also check out: CU Boulder total compensation [calculator](#). This tool shows you the total monetary value of your benefits selections in addition to your paycheck deposit.



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Closing Thoughts

What do you need from CIRES HR or other admin team?

You can email cireshr@colorado.edu or lucia.harrop@noaa.gov with comments or suggestions.

THANK YOU!



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How CIRES D&I can help

- Connect with DEI-minded colleagues, community, events, training
- Support team needs (inclusive job ads, team agreements, DEI planning)
- Support D&I interests
- Review diversity statements (proposals, job searches)
- Connect with resources on campus, troubleshoot issues

CIRES and Institute Ways to Connect

- CIRES [DEI website, mailing list](#)
- CIRES [DEI Teams Space](#)
- Join with Colorado.edu or ask to join with noaa.gov
- Affinity groups
- [Institute BIPOC and Friends](#)
- [Institute Equity Allies](#)
- [Society Of Latinx/Hispanics in Earth and Space Science \(SOLESS\)](#)
- [Campus and Community Resources](#)
- [One on one conversations with Susan](#)

More CU Resources

- [CU Pride Office](#)
- [Center for Inclusion and Social Change](#)
- [Postdoctoral Association](#)
- CU Faculty of Color and Friends (including research faculty)
- [ADA & Accessibility Office](#)
- [Don't Ignore It](#)
- And lots more....ask Susan